

CONCUSSIONS AND HEAD INJURIES FOR STUDENT ATHLETES

The School Board recognizes that concussions and head injuries are commonly reported injuries in children and adolescents who participate in sports and other recreational activities. The Board acknowledges the risk of catastrophic injuries or death is significant when a concussion or head injury is not properly evaluated and managed. The Board recognizes that the majority of concussions will occur in “contact” or “collisions” sports. However, in order to ensure the safety of all District student-athletes, this policy will apply to all competitive athletic activities as identified by the administration.

Consistent with the National Federation of High School (NFHS) and the New Hampshire Interscholastic Athletic Association (NHIAA), the District will utilize recommended guidelines, procedures and other pertinent information to inform and educate coaches, youth athletes, and parents/guardians of the nature and risk of concussions or head injuries, including the dangers associated with continuing to play after a concussion or head injury.

Annually, the District will include information about head injuries and concussion information for all parents/ guardians of student-athletes in the Student-Athlete Parent Handbook. This Handbook is agreed to by all parents/guardians during the online registration process for all those participating in competitive sport activities prior to the student-athlete’s initial practice or competition.

All coaches, including volunteers, will complete training as recommended and/or provided by NHIAA, New Hampshire Department of Education and/or other pertinent organizations. Additionally, all coaches of competitive sport activities will comply with NHIAA recommended procedures for the management of head injuries and concussions.

Administrative Responsibilities: The Superintendent or his/her designee will keep abreast of changes in standards regarding concussion, explore staff professional development programs relative to concussions, and will explore other areas of education, training and programs.

Removal From Play and Protocol For Return To Play

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Any coach, official, licensed athletic trainer, or health care provider who suspects that a student athlete

<http://www.nashua.edu/Nashua/Media/PDF-files/For%20Students/Concussion-Awareness-for-Parents-and-School-Staff-Flyer.pdf>

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 09/11/2017
 03/12/2018
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